

KwaZulu-Natal Interprovincial Championship 2026
TECHNICAL SPECIALIST SHEET - SENIOR WOMEN FREE SKATING

Technical Specialist: Ms. Yolande GIERING

1 Tindra LANGA					GAC	
No	Planned Element	Executed Element Level	Comments		Falls	Review Bonus, etc
1.	2A+2T+COMBO					
2.	3S					
3.	CCoSp					
4.	2A					
5.	2Lo					
6.	ChSp					
7.	StSq					
8.	2F					
9.	2Lo+1A+SEQ					
10.	ChSq					
11.	FSSp					
12.						
13.						
14.						
Illegal elements		Total Bonus points	Falls IN	Falls OUT	Other Deductions	

Comments

Signature