

KwaZulu-Natal Interprovincial Championship 2026
SENIOR WOMEN FREE SKATING

Name of Judge: _____
1 Tindra LANGA **GAC**

Music:

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	2A+2T+COMBO		
	2	3S		
	3	CCoSp		
	4	2A		
	5	2Lo		
	6	ChSp		
	7	StSq		
	8	2F		
	9	2Lo+1A+SEQ		
	10	ChSq		
	11	FSSp		
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						